

BRINGING A LITTLE COMFORT TO OUR TROOPS



SENDING GIFT BOXES OF ITEMS OUR DEPLOYED MILITARY SAY THEY MISS MOST

**Please No Glass Jars Or Aerosol Cans**

**We Can Not Send Them**

**Single Serve Portions Or 16 oz. Size-No Larger Please**

**Snacks**

Trail Mix  
Chex Mix  
Instant Oat Meal  
Cereal (**individual size**)  
Cookies  
Crackers

Soups (canned)  
Pop corn (Microwave)  
Nuts  
Slim Jims  
Beef Jerky  
Coffee & Filters  
Hot Chocolate Packet  
Tea Bags  
PopTarts  
Easy Mac (**microwave**)  
Tuna Fish  
Chicken  
Peanut Butter (**Plastic**)  
Jelly-Jam (**Plastic**)  
Single serve drink mix

Nutella  
Yoo Hoo

Gum & Life Savers  
Candy (**1 lb bag or smaller**)  
**PLEASE NO LOOSE CANDY**  
Condiments (**ketchup, mayo, salt & pepper etc.. -ind. size**)

**TOILETRIES**

Foot powder  
Deodorant  
Hand sanitizers  
Baby wipes  
Chap stick & lip balm  
Eye drops  
Sunblock  
Insect repellent- **non aerosol**  
Disposable razors

Mouthwash  
Eyeglass cleaning wipes  
Skin moisturizers  
Laundry Detergent (**ind. size**)  
**NON AEROSOL** shave cream  
Q-Tips  
Nail clippers & nail files  
Shampoo & Conditioner (**16 ounce only**)

**SUNDRIES**

Batteries  
Undershirts  
Boxers  
Hair clips, ties, bands  
Word books  
CD's - and DVD's  
Comics  
Playing cards  
Band Aids  
Dominoes  
Zip-Lock Baggies-Gal- Qt.  
Air fresheners- car type  
Dryer sheets -bounce etc.  
Hand warmers  
Hair brush & combs  
Socks

**unitedforthetroops.org - or call Jim- 845 729 4239**

**email-unitedforthetroops@gmail.com**